



Having an Echo (Easy Read)



You are coming to the Canberra Heart Clinic for an echo (said: eck-o). An echo shows us how blood is flowing through your heart. This helps your doctors decide how to look after you.



Your parents or guardian can come into the room with you. They can stay for the test and consultation with the doctor too.



You will need to take off your top. We will put some jelly on your chest. This will feel a bit cold.



We need you to stay very still while we take the echo pictures. We will put a probe on the jelly to make the pictures. This will not hurt.



When we have enough pictures, you can move again. We will give you a tissue to wipe off the jelly.



After your echo you and your guardian will then have a discussion with the paediatric cardiologist. If you are not having any other tests, you can go home.



We will send letters to your doctors.



Please ask us if you have any questions.

