

Transoesophageal Echocardiogram (TOE)

URN:
Family Name:
Given Names:
Address:

Facility:

Date of Birth: Sex: M F

A. INTERPRETER / CULTURAL NEEDS

An Interpreter Service is required? Yes No

B. CONDITION AND TREATMENT

The doctor has explained that you have the following condition:

This condition requires the following procedure.

The following will be performed:

A needle with a tube connected to it will be put in your arm. This is called an intravenous line or IV.

The back of your throat will be sprayed with a local anaesthetic. This will make it easier to swallow the ultrasound probe which will be in your oesophagus for about 15 minutes until the test is completed.

At the end of the test, the probe will be removed. Your throat will feel numb after the test. You will not be able to eat or drink anything for two hours after the test or until the numbness goes away.

In recommending this procedure your doctor has balanced the benefits and risks of the procedure against the benefits and risks of not proceeding. Your doctor believes there is a net benefit to you going ahead.

C. RISKS OF A TRANSOESOPHAGEAL ECHOCARDIOGRAM

The risks/complications of this procedure are;

Common risks (more than 5%) include;

- Sore throat for a day or two afterwards.

Uncommon risks (1 - 5%) include;

- Damage to your teeth or jaw due to the presence of instruments in your mouth.
- Tear in the oesophagus, which usually settles without treatment.

Rare risks (less than 1%) include;

- Abnormal heart beat, that usually settles without treatment.
- Breathing problems. You may need medication to treat this.
- Oesophageal perforation. This may need surgery to repair.
- Death as a result of this procedure is extremely rare.

D. SIGNIFICANT RISKS AND TREATMENT OPTIONS

E. RISKS OF NOT HAVING A TRANSOESOPHAGEAL ECHOCARDIOGRAM

F. ANAESTHETIC

This procedure may require an anaesthetic.

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G. PATIENT CONSENT

I acknowledge that the doctor has explained;

- my medical condition and the proposed procedure, including additional treatment if the doctor finds something unexpected. I understand the risks, including the risks that are specific to me.
- the anaesthetic required for this procedure. I understand the risks, including the risks that are specific to me.
- other relevant procedure options and their associated risks.
- my prognosis and the risks of not having the procedure.
- that no guarantee has been made that the procedure will improve my condition even though it has been carried out with due professional care.
- if immediate life-threatening events happen during the procedure, they will be treated accordingly.
- if I am a public patient a doctor other than the Cardiologist may conduct the procedure. I understand this could be a doctor undergoing further training.

I have been given the following Patient Information Sheets;

Local Anaesthetic and Sedation for your procedure

Transoesophageal Echocardiogram

- I was able to ask questions and raise concerns with the doctor about my condition, the proposed procedure and its risks, and my treatment options. My questions and concerns have been discussed and answered to my satisfaction.
- I understand I have the right to change my mind at any time before the procedure, including after I have signed this form but, preferably following a discussion with my doctor.

On the basis of the above statements,

I REQUEST TO HAVE THE TRANSOESOPHAGEAL ECHOCARDIOGRAM (TOE)

Name of Patient/
Substitute decision
maker and relationship :

Signature :

Date:.....

Substitute Decision-Maker: Under the Powers of Attorney Act 1998 and/or the Guardianship and Administration Act 2000. If the patient is an adult and unable to give consent, an authorised decision-maker must give consent on the patient's behalf.

H. DOCTOR'S STATEMENT

I acknowledge that I have explained to the patient all the above points under the Patient Consent section (G) and I am of the opinion that the patient/substitute decision-maker has understood the information.

Name of Doctor:

Designation : Cardiologist

Signature :

Date:

J. INTERPRETER'S STATEMENT

I have given a sight translation in

.....
of the consent form and assisted in the provision of any verbal and written information given to the patient/parent or guardian/substitute decision-maker by the doctor.

Name of
Interpreter :

Signature :

Date:

Consent Information - Patient Copy

Transoesophageal Echocardiogram (TOE)

1. WHAT IS A TRANSOESOPHAGEAL ECHOCARDIOGRAM?

This is a special type of heart ultrasound. Pictures of the heart are taken from inside the body. This procedure gives better quality pictures of the heart.

A needle with a tube connected to it will be put in your arm. This is called an intravenous line or IV.

The equipment that takes the pictures is called the 'ultrasound probe'. The probe is put into the mouth and it passes down to the oesophagus. The doctor will see the back of the heart from this position.

You will have the following procedure:

The back of your throat will be sprayed with a local anaesthetic which will make it easier to swallow the ultrasound probe. The probe will be in place for about 15 minutes until the test is completed.

At the end of the test, the probe will be removed. Your throat will feel numb after the test. You will not be able to eat or drink anything for two hours after the test or until the numbness goes away.

2. MY ANAESTHETIC

This procedure will require an anaesthetic.

See **Local Anaesthetic and Sedation for your procedure information sheet** for information about the anaesthetic and the risks involved. If you have any concerns, talk these over with your doctor.

If you have not been given an information sheet, please ask for one.

3. WHAT ARE THE RISKS OF THIS SPECIFIC PROCEDURE?

In recommending this procedure your doctor has balanced the benefits and risks of the procedure against the benefits and risks of not proceeding. Your doctor believes there is a net benefit to you going ahead.

The risks/complications of this procedure are;

Common risks (more than 5%) include;

- Sore throat for a day or two afterwards.

Uncommon risks (1 - 5%) include;

- Damage to your teeth or jaw due to the presence of instruments in your mouth.
- Tear in the oesophagus, which usually settles without treatment.

Rare risks (less than 1%) include;

- Abnormal heart beat, that usually settles without treatment.
- Breathing problems. You may need medication to treat this.
- Oesophageal perforation. This may need surgery to repair.
- Death as a result of this procedure is extremely rare.

4. BEFORE YOUR PROCEDURE

- Do not eat a heavy meal, drink alcohol or smoke for 6 hours prior to your procedure.
- Take your usual medication with a small sip of water, unless your doctor has advised otherwise. Bring a list of your medications to the hospital.
- Follow any additional instructions given to you by your doctor/hospital.

NOTES TO TALK TO MY DOCTOR ABOUT